



FOR IMMEDIATE RELEASE

October 1, 2004

For further information

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**DAKOTA PHYSICAL THERAPY AND
WATERFORD DEVELOP PARTNERSHIP**

(BISMARCK, N.D.)—Waterford on West Century and Dakota Physical Therapy, PC have joined in a partnership to help improve the health and fitness of people living in Bismarck.

Dakota Physical Therapy has opened an outpatient office in the Waterford Health & Fitness Club, located at 1000 West Century Avenue, Bismarck. This is the company's second office. For the past three years, it has served clients from its Mandan office and will continue to do so.

The new office will offer physical therapy, occupational therapy, hand therapy, and massage therapy.

Dakota Physical Therapy staff will provide service to anyone in the Bismarck-Mandan area, including residents of the Waterford retirement community and members of the Waterford Health & Fitness Club.

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“We’re excited about opening an additional location in such an ideal setting,” says Carrie Mentele, a physical therapist and co-owner of Dakota Physical Therapy. “This will be more convenient for our Bismarck patients, and we’re thrilled to have the opportunity to use Waterford’s pool for warm pool therapy.”

Waterford Executive Director Arlene Farnsworth also is pleased with the win-win arrangement. “Having this independent physical therapy office on our premises brings a new level of service to our Waterford community and to the broader Bismarck community,” she says. Clients will benefit from our pool and specialized equipment as well as from the physical and occupational therapists’ expertise.”

For inquiries or to make an appointment, individuals may call 355-1295.

Dakota Physical Therapy, PC was launched three years ago by Wes and Carrie Mentele in Mandan. Currently, the company employs five therapists.

Waterford on West Century opened in January 2000 and is currently home to more than 130 residents. The Waterford Health & Fitness Club is new, having just started in August of this year. It is open to anyone 40 and older.

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