

# FACTS



## Waterford on West Century

Waterford on West Century offers 55+ resort-style living and is part of Touchmark—a company that has been serving the needs of older adults and their families for 30 years.

The Waterford community is nearly 18 acres and is conveniently located within the rolling hills of historic Bismarck, sitting high on a ridge on West Century.

### **Opening**

Waterford on West Century opened in January 2000.

### **Homes and Lifestyle Options**

- Single-level homes
- Condo-style homes
- Assisted Living
- Memory Care
- Respite Services
- Health & Fitness Club
- Life Enrichment/Wellness program

### **Amenities and Hospitality Services**

- Restaurant-style dining
- Underground parking
- Housekeeping services
- Scheduled transportation
- Hair salon
- Cards and game room
- Billiard room
- Library
- Private dining room
- General store
- On-site banking
- Postal services
- Notary service
- Creative arts room
- Guest rooms
- Chapel/theater
- Massage therapy
- Personal training
- Dakota Physical Therapy Clinic on site

- more -

## **Recognition**

- **Life Enrichment/Wellness**
  - In 2008, the Health Promotion Institute—a part of the National Council on Aging—presented Touchmark with a Best Practice award for its Let Your Spirit Soar campaign, a component of the Touchmark Full Life Wellness & Life Enrichment Program.
- **Touchmark’s Fall Reduction and Awareness Program**
  - Touchmark was one of 10 national programs identified in 2007 by the Falls-Free Coalition for creative programs and practices in home assessment and modification that can reduce home hazards.

## **Residents**

- Waterford is home to more than 170 people.

## **Personnel**

- More than 130 people work at Waterford.

## **Leadership**

- Executive Director (since 2000)—Arlene Farnsworth